

The University of Alabama
College of Human Environmental Sciences

**STUDENT HANDBOOK FOR
FOOD AND NUTRITION MAJORS**

**DEPARTMENT OF HUMAN NUTRITION AND
HOSPITALITY MANAGEMENT**

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Information in this document is subject to change and does not supercede information provided by faculty advisors in the Department of Human Nutrition & Hospitality Management. Revisions will be implemented at the beginning of each fall term.

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I. OVERVIEW OF THE PROGRAM

A. Mission Statements

Mission of The University of Alabama

The University of Alabama, the State of Alabama's oldest public university, is a senior comprehensive doctoral level institution. Established in 1831, by constitutional provision under statutory mandates and authorizations, its mission is to advance the intellectual and social condition of the people of the State, the nation, and the world through the creation, translation, and dissemination of knowledge with an emphasis on quality programs of teaching, research, and service. The mission drives the strategic goals of the University. The strategic goals are:

- Advance the University's academic, research, scholarship and service priorities, consistent with a top tier university, and continue to promote growth and national prominence in these areas.
- Enhance the teaching, research and service mission of the University by retaining and recruiting outstanding faculty and staff.
- Enhance the University's learning environment to attract and retain excellent students.
- Develop a university-wide emphasis on leadership as a primary role of the flagship University of the State of Alabama.

The University is accredited by the Southern Association of Colleges and Schools Commission on College (SACSCOC) to award baccalaureate, masters, education specialist, and doctoral degrees. Contact the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of The University of Alabama. A copy of the accreditation letter from SACSCOC is in the appendices

Mission of the College of Human Environmental Sciences

The College of Human Environmental Sciences is the largest unit in the State of Alabama offering professional programs in the field of family and consumer sciences. Throughout its history, the College has achieved a reputation for excellence through the quality of its academic programs; leadership provided by the faculty in professional organizations on state, regional and national levels; research and publication; collaboration with industry professionals; successes of its graduates; and services rendered to the region through committees, conferences, workshops, and other activities. Today, in addition to continuing these efforts, the College continues to be a leader in providing distance education programs.

The mission of the College is to provide strong undergraduate and graduate programs in the field of human environmental sciences. Further, the College strives to contribute to the generation of new knowledge in the field and to the application of this knowledge to improving the quality of life of individuals, families, and communities.

Mission of the Department of Human Nutrition and Hospitality Management

The Department's mission is to provide strong undergraduate programs in the areas of food and nutrition and restaurant and hospitality management and a strong graduate program in the area of human

nutrition. Through quality faculty, research, industry collaboration, and service activities, the Department strives to contribute to the generation of new knowledge in the areas of foods and nutrition, and to apply this knowledge to improving the quality of life for individuals, families, and communities.

Mission of the Didactic Programs in Dietetics (DPD)

The mission of the Didactic Program in Dietetics (DPD) is to provide a strong undergraduate program in the areas of food and nutrition, and to prepare students to become eligible to apply for entrance into a supervised practice.

B. Program Accreditation

The University of Alabama is accredited by the Commission on Colleges, Southern Association of College and Schools (COCSACS). The accrediting agency for the College of Human Environmental Sciences is the American Association of Family and Consumer Sciences.

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) serves as the accrediting agency for the Didactic Program in Dietetics. ACEND is The Academy of Nutrition and Dietetics Association's accrediting agency for education programs preparing students for careers as registered dietitians. This agency establishes and enforces eligibility requirements and accreditation standards that ensure the quality and continued improvement of nutrition and dietetics education programs.

The Didactic Program in Dietetics is currently granted accreditation status by The Accreditation Council for Education in Nutrition and Dietetics (ACEND), 120 South Riverside Plaza, Suite 2000, Chicago IL 60606 800-877-1600 ext. 5400, a specialized accrediting body recognized by the Council on Higher Education Accreditation and the United States Department of Education.

The next accreditation review period is 2015 and more information is available on the ACEND website (www.eatright.org/acend).

C. Program Goals

To ensure students are successful, the program has established program goals and objectives which reflect and support the program's mission statement and the environment in which the program exists. The program goals and objectives are:

Program Goal 1: The Program will produce entry-level graduates who are competent to enter into a Dietetic Internship (DI), Coordinated Program (CP), or Individualized Supervised Practice Pathways (ISPPs) Program.

Program Objectives for Goal 1:

Objective 1.1 The national registration for Dietitians pass-rate for first-time takers will be $\geq 80\%$ averaged over a five year period.

- Objective 1.2** Sixty percent of DPD student who meet the requirements to be awarded a verification statement will apply to a supervised practice (CP, DI, or ISPPs).
- Objective 1.3** Fifty percent of DPD students who applied to a supervised practice will receive an offer to a supervised practice.
- Objective 1.4** Eighty percent of internship directors surveyed will rate the preparation of graduates from the DPD at a minimum of 3.0 or higher (on a 4.0 scale).
- Objective 1.5** Eighty percent of graduates who complete a Supervised Practice (CP, DI, ISPPs) will be employed into a variety of practice areas or be enrolled in graduate school within 12 months of completion of the supervised practice.
- Objective 1.6** Seventy-five percents of employers surveyed will indicate satisfaction with competence of non-RD graduates by rating their performance on average 3.0 or higher (on a 4.0 scale).
- Objective 1.7** Seventy-five percent of employers surveyed will indicate satisfaction with competence of RD graduates by rating their performance on average 3.0 or higher (on a 4.0 scale).
- Objective 1.8** Seventy-five percent of the students who are eligible for the verification statement will complete the program/degree requirements within the 150% (6 years or 12 semesters) of the program length.

Program Goal 2: The program will instill in all food and nutrition majors an appreciation for cultural competency, leadership, and service-learning, and to apply this appreciation to improving the quality of life for individuals, families, and communities.

- Objective 2.1** Seventy percent of DPD students will participate in a minimum of two activities which expose the student to a different culture prior to completing the program, and will rate their cultural understanding on average 3.0 (good) or higher (on a 4.0 scale).
- Objective 2.2** Eighty percent of the DPD students will complete or participate in one service-learning activity prior to completing the program, and will rate their experience on average 3.0 or higher (on a 4.0 scale).
- Objective 2.3** Eighty percent of the DPD students will complete a leadership self-assessment prior to completing the program, and will rate their leadership abilities/skills on average 2.5 or higher (on a 4.0 scale).
- Objective 2.4** Seventy five percent of DPD graduates (RD and non-RD) will indicate participation in at least one type of life-long learning activity annually.

D. Program Evaluation

The effectiveness of the DPD program is monitored regularly by the program director. Outcome assessments for all food and nutrition majors include passing rate for the registration exam; surveys of employers' surveys satisfaction with graduates; and surveys of graduates' satisfaction with their

educational preparation. In addition the DPD director monitors the percent of graduates accepted into dietetic internships and surveys of internship directors' satisfaction with graduates of the DPD.

All food and nutrition majors will be evaluated in their continuing education efforts by monitoring the number of students entering who receive the verification statement; the percentage of graduates participating in continuing educational activities within one year of graduation; and surveys of graduates which rank their appreciation for the need of life-long learning.

The DPD Directors are committed to fulfilling all requirements to maintain the highest level of accreditation for the program and conduct ongoing evaluation procedures. Students currently enrolled and graduates of the program are asked to actively participate in evaluation surveys. Faculty are asked to report their overall effectiveness scores on their annual report to the Dean and address any issues concerning changes in evaluation scores. Students are also asked to evaluate the quality of advising and mentoring they received.

Success of students who enroll in distance education courses is also carefully monitored by comparing their grades with on campus course grades; by their satisfaction ratings of each course; and by comparing the acceptance rates of distance DPD students into dietetic internships with those DPD students on campus.

E. Program Philosophy

The University of Alabama, the College of Human Environmental Sciences, and the Department of Human Nutrition and Hospitality Management are committed to transferring theoretical knowledge into practical application and to helping the student continue with a lifetime education.

The Food and Nutrition faculty members are dedicated to helping students develop knowledge and skills that can be used throughout life. All faculty members who teach professional courses have both academic training and experience in the area in which they teach. Faculty members who are registered dietitians maintain their continuing education requirements for their credential as well as attending other educational meetings every year. A complete faculty roster for the 2014-2015 academic year may be found on the program website at www.nhm.ches.ua.edu and a list is included in the appendix.

II. ADMISSION TO THE UNIVERSITY OF ALABAMA

Note: Effective Fall 2013, the University of Alabama no longer prints a hardcopy of the Undergraduate Catalog. The Undergraduate Catalog is only available electronically at <http://courseleaf.ua.edu/catalogcontents>.

A. General Admissions Policy

Admission to the Food and Nutrition Major at the University follows the **general undergraduate admission requirements** outlined in the *Undergraduate Catalog*, <http://courseleaf.ua.edu/catalogcontents/>.

All Food and Nutrition Majors are required to adhere to the general academic policies as listed in the *Undergraduate Catalog*, under the “*Academic Records and General Academic Policies*” tab, registrar.ua.edu/academics/privacy-guidelines. Student responsibilities include selecting and registering for the courses that:

- (a) are needed to maintain reasonable progress toward the desired degree;
- (b) will satisfy all requirements for the desired degree by the time the student expects to graduate; and
- (c) conform to University regulations.

Students are expected to pursue successful completion of the courses for which they register.

Students are responsible for maintaining a current mailing address and a current local address and to respond promptly to all communications received from The University. An e-mail account on the central campus computer is automatically created for all students upon registration. “BamaMail” addresses are listed for each student on each class roster. Students may receive important messages from any campus office or from an instructor via their BamaMail account and are reminded of the importance of checking for messages on a regular basis.

B. Policies and Procedures for All University Students

(i) Equal Opportunity

The Didactic Program in Dietetics follows the Equal Opportunity in Education and Employment policy of the University as stated on the “*Catalog Home*” tab of the *Undergraduate Catalog* and are fully committed to increasing diversity among the students and faculty. Inquiries and concerns regarding this policy may be directed to Ms. Gwendolyn Hood, University Compliance Officer, 171 Rose Administration Building, Box 870300, Tuscaloosa, AL 35487-0300; (205) 348-5855 (voice); (205) 348-5573 (TDD).

(ii) Sexual Harassment

The University of Alabama does not tolerate sexual harassment and the DPD strictly adhere to all policies concerning sexual harassment. *The Office of Equal Opportunity Programs website contains a brief summary of the University’s Policy on this issue, <http://eop.ua.edu/harassment.html>.* Mrs. Vicki Peoples, Assistant Dean, coordinates the efforts to prevent sexual harassment in the college. If you experience problems associated with sexual harassment, contact her in 101 Doster Hall or at 205-348-6150.

(iii) Students with Disabilities

The DPD adheres to all policies concerning individuals with disabilities as stated under the *Disability Services tab, under the Support Services and Programs tab* in the *Undergraduate Catalog*, <http://ods.ua.edu>. Additional information on the University’s Disabilities Policy is required and listed on all course syllabi. Prospective students with disabilities (or family members with disabilities wishing to visit campus) should contact the Office of Disability Services, Box 870185, Tuscaloosa, Alabama 35487-0185 or (205)348-4285.

(iv) Bloodborne Pathogens Policy

The University of Alabama bloodborne pathogen policy, approved in February 1993, requires each administrative unit of the University to conduct a risk-appraisal survey during October and November of each year to “identify employees and students at risk for occupational or student academic exposure to bloodborne pathogens.” All units in which students or employees are at risk must then develop an exposure control plan. Employees and students at risk are required to receive the hepatitis B vaccination series, submit proof of immunity to the hepatitis B virus (or proof of vaccination), or sign a statement

declining the vaccine. Employees and students who are at risk are also required to receive training about bloodborne pathogens. For further information about this policy, contact The University of Alabama Office of Environmental Health and Safety at (205-348-5905).

The DPD adheres to the Bloodborne Pathogen Policy, located on the “Catalog Home” tab of the *Undergraduate Catalog*. Since students in the DPD are placed in healthcare facilities for professional experiences, the Hepatitis B vaccination is strongly recommended, and is available at a discounted fee at Russell Student Health Services. Students who do not wish to be vaccinated must provide a signed statement declining the vaccine.

(v) Confidentiality

The DPD regards the confidentiality of student records as well as the confidentiality of patient records accessed by students with the utmost importance. Student records are protected by policies described in the Family Educational Rights and Privacy Act (FERPA). A summary of the FERPA Statement is *found on the University’s Registrar’s Homepage, under the Privacy (FERPA) tab, <http://registrar.ua.edu/>*. The complete University of Alabama Policy of Confidentiality of Student Records is available from the Office of Academic Records and University Registrar, 206 Student Services Center, Box 870134, Tuscaloosa, Alabama 35487-0134.

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) protects the confidentiality of patient medical information. Important aspects of this act are taught in upper level medical nutrition therapy courses before students enter professional settings, either in supervised practice rotations or summer practicum experiences, where they must access patient records.

(vi) Access to Personal Files

The DPD adheres to the policies governing access to student records as described in the *found on the University’s Registrar’s Homepage, under the Privacy (FERPA) tab, <http://registrar.ua.edu/>*, which specifies how a student may examine his or her record and what can and cannot be examined. Most commonly in the DPD applies to letters of recommendation written for students by faculty members for which the student has waived the right to access.

C. Registration and Advising

The *Undergraduate Catalog* under the *Registration tab of the Academic Records and Policies Heading* states that “Prior to registering for classes each term, students must obtain academic advising using the procedures established by each division.” The College of Human Environmental Sciences places a great deal of emphasis on quality academic advising and that same philosophy predominates for all food and nutrition majors, beginning with summer orientation for freshman and incoming transfer students, who have an opportunity to meet with a faculty advisor from the food and nutrition major for registration assistance.

Advising periods for enrolled students takes place in October and March of each academic year. Each food and nutrition major that are of freshmen and sophomores standing, are assigned to the department professional academic advisor. Juniors and seniors are assigned to a faculty member who will generally follow that student for their entire academic career at the University. Upper level students may choose to be reassigned to a different advisor depending on their career track, so that DPD students wishing internships work with the DPD Director; students in the CP program work with the CP Director; and

students hoping to enter graduate programs work with a member of the graduate faculty. However, the DPD director is available to assist all students in the program.

One week prior to the beginning of the advising period, a list of all majors with their assigned advisors is posted in the second floor hall of Russell Hall. An email is sent to all food and nutrition student with information about advising and the name of their advisor. Each academic advisor posts a schedule of available appointments on their office door so students may have an individual appointment. During that advising period, the student's checklist of Program Requirements and projected Program Plan is reviewed and updated. Faculty advisors cannot be held responsible for sound advice not taken by the student, and all attempts will be made to appraise the student of potential consequences. If the faculty advisor makes an error, then all efforts will be taken to ensure that the student suffers no consequences.

(i) Transfer credit and letter of good standing

Undergraduates from other educational institutions either in-state or out-of-state must meet the requirements for admission as stated under the *Admissions tab* on <http://courseleaf.ua.edu/introduction/admissions/undergraduateadmission/> of the *Undergraduate Catalog*. Courses taken at other institutions will be evaluated for transfer credit according to University policies listed under the *Undergraduate Transfer Credit located under the Admissions tab* of the *Undergraduate Catalog*. Students should be aware that some courses, taken as a requirement at one institution may not meet University of Alabama course content and will be accepted as elective courses only. In that case, the student will be asked to retake the course at the University, whether it is a core curriculum requirement or a food and nutrition major requirement. Students coming from other Colleges on campus as well as all transfer students will meet with a faculty advisor in the Human Nutrition Department for assistance with registration and program planning.

Food and nutrition majors who wish to take summer or evening courses at other educational institutions must first determine that those courses meet University requirements and obtain a Letter of Good Standing. Students may submit the request for a Letter of Good Standing via the students *MyBama* account. Students should see their faculty advisor for approval and assistance in this process.

D. Grading Policy

Faculty members set the specific policy for grading each course they teach. This policy is described on the course syllabus that is distributed the first day of class and, for courses taught in the College of Human Environmental Sciences, is available at the College's web site: www.ches.ua.edu. The DPD adheres to the grades and grade points according to the table of letter grades and values as listed under the *Academic Records and Policies tab* the *2014-2015 Undergraduate Catalog*. Each course syllabus for food and nutrition majors contains information on the formal assessment/progress reports and evaluation criteria specific to that course. Faculty members teaching freshmen can elect to enter midterm grades.

(i) Attendance Policy

Under the *Absence from Class and Failure to Complete Class Work tab*, located under the *Academic Records and Policies heading* the *Undergraduate Catalog* explains the policy on absence from class and failure to complete class work: "Students are expected to attend all classes for which they are registered." Each course syllabus for food and nutrition majors contains information on the attendance policy for that course.

(ii) Opportunity for Honors

Food and nutrition majors have opportunities for honors at the department, college, and university level. To be eligible for the Dean's List, published at the end of each semester, a student must have a grade point average of at least a 3.5 for a minimum of 12 credit hours in a regular semester or 9 credit hours in a summer term. The President's List recognizes students who earn a 4.0 grade point. At graduation, students with a grade point of 3.5 or greater but less than a 3.7 may graduate *cum laude*. Students with a grade point average of 3.7 but less than a 3.9 may graduate *magna cum laude*. Students with a grade point average of 3.9 or greater graduate *summa cum laude*. There are many national scholastic honor societies represented at the University to which outstanding students may be elected. The Honor Society in the College of Human Environmental Sciences is Phi Upsilon Omicron. Eligibility requirements for food and nutrition majors are a minimum of a 3.0 grade point average, a minimum of 32 semester hours of work at the University, Food and Nutrition as a declared major within the College, and active participation in the Student Dietetic Association.

Students seeking a special academic challenge in their undergraduate work can find it in the University Honors Program (UHP). More than 1,100 students from all schools and colleges in the University participate in the program. The University Honors Program gives outstanding students the opportunity to work with their peers and with outstanding faculty members in an enriched academic environment. Membership in the University Honors Program offers students the opportunity to combine some of the benefits of a small-college experience with those advantages offered only by a major research university.

Students in Food and Nutrition with an overall GPA of 3.5 or higher may participate in the University Scholars Program where they may apply to graduate school early and enroll in graduate courses while completing the undergraduate degree. This program is described under the University Scholars Program tab, located under the Special Education Programs heading of the *2014-2015 Undergraduate Catalog*.

Students interested in the University Scholars Program may contact Dr. Linda Knol (lk nol@ches.ua.edu), Director University Scholars Program for Food and Nutrition for additional information, and eligibility requirements.

E. Costs

(i) Projected Costs for 2014-2015

	Alabama Resident	Non-Resident
Tuition (as of August, 2014)	\$4,913.00	\$12,475.00
Course Fees	200.00	200.00
Room (double)	2,800.00	2,800.00
Dining Dollars	325.00	325.00
Meal plan	1,633.00	1,633.00
Books/Supplies	<u>400.00</u>	<u>400.00</u>
Total*	10,271.00	\$17,833.00

(*This does not include parking, internet, etc)

For complete tuition information, go to <http://cost.ua.edu/>

For complete information on campus housing, go to <http://reslife.ua.edu/>

The tuition fees listed above are for traditional classes and for full time students taking 12-16 credit hours. Course fees will vary depending on number of credit hours taken each semester. An overload charge is assessed for credits exceeding 16 hours. Most laboratory courses have an additional fee. Classes offered via **Distance Education** options have a different fee schedule. Information about **Student Financial Aid** is available at their office in 106 Student Services Center.

(ii) Special Costs for DPD Students

(a) Books and Supplies -The students in the DPD a program usually have higher costs for books than the fees listed above because they are asked to keep each of their professional texts rather than sell them at the completion of the course. The fall term of the traditional junior year for the DPD has an average book expenditure of about \$600-\$650 because of the extensive requirements for the first of a series of courses in medical nutrition therapy. Many of those books, however, will be used in subsequent classes.

(b) Clothing - In the traditional junior year, DPD students will be required to purchase a black polo t-shirt and khaki pants for NHM 374: Quantity Food Production and Service which cost about \$50.00. Students are required to wear appropriate dark shoes for this course, which could be an additional expenditure. Students will also be required to have a lab coat and a name tag for NHM 363: Applied Nutrition, costing about \$25.00.

The DPD students are expected to dress in attire appropriate when on field trips, attending professional meetings, or when in a supervised practice facility.

(c) Professional Memberships - All DPD students are encouraged to join the Student Dietetic Association with annual dues of \$10. Various activities and organization t-shirts could cost an additional \$20.

DPD students are encouraged to join The Academy of Nutrition and Dietetics as student members, especially in the spring of their sophomore year. Membership fees for students are \$50.00 annually. Students are also encouraged to join the Tuscaloosa Dietetic Association for which dues are \$10 annually.

All juniors and seniors are encouraged to attend the annual meeting of the Alabama State Dietetic Association. Some classes have one day of attendance as a requirement. Students have a special rate of \$45.00 and may pay only \$40.00 if they serve as pages. Rates are set each year by the Alabama Dietetic Association Board of Directors and are subject to changing without notice. Students are responsible for transportation, food and lodging costs.

(d) Insurance - Students are covered by a blanket professional liability insurance fund that is self-administered by The University of Alabama. The cost of the insurance is approximately \$5.00 per semester and is billed into the university fees structure. Students are also required to have major medical health insurance coverage. If not covered by parents' or spouse's policy, a basic medical insurance policy is available through Russell Student Health Services.

(e) Immunizations - Some costs may be incurred for immunizations required for admission to the University of Alabama. All University students are required to produce documentation regarding Rubeola, Measles and Mumps (MMR) immunization. In addition, all new students must provide acceptable proof of appropriate tuberculosis screening within the last year. The Immunization Policy appears on the Student Health Centers Website, under the Immunization tab. The Student Health Center (205-348-6262) may be contacted for additional information and **The Medical History Form** (required for admission).

(iii) Policies for Withdrawal and Refund of Tuition and Fees

The University of Alabama has specific policies and timelines for dropping courses and withdrawing from The University, including for medical reasons. These policies are stated on the *Undergraduate Catalog*. The dates to drop or add courses without penalty and different dates for withdrawal with varying tuition refunds can also be found on the Academic Calendar which is found on the students *MyBama* account.

Students must be aware that **withdrawal from The University** or dropping courses impacts tuition and possibly housing charges but also may impact those students receiving Federal Financial Aid. Information on proration of tuition and housing charges and impact on Federal Financial Aid may be found under the Withdrawal tab, located under the Tuition and Other Expenses heading of the *Undergraduate Catalog*.

(iv) Academic Common Market

Students who are residents of Tennessee who major in food and nutrition and are accepted into the CP are eligible for in-state tuition through the **Academic Common Market** of the Southern Regional Education Board since there is not a coordinated program in dietetics in Tennessee. Students from Georgia, South Carolina, Arkansas, Delaware, Louisiana, Maryland, Virginia, and West Virginia may also be eligible for this benefit.

(v) Scholarships for Food and Nutrition Majors

The University has a wide variety of **scholarships for entering students**, both freshmen and transfer students. There are also **scholarship opportunities for currently enrolled undergraduate students** at The University of Alabama. There are several scholarships specifically for food and nutrition majors. In addition, scholarships are offered by the Academy of Nutrition and Dietetics at the national level and by the local and state affiliations. Membership in The Academy as a student member is required to be eligible to apply for an Academy scholarship. Other professional nutrition organizations and some nutrition-related companies also have scholarship opportunities. Faculty members in the department can provide information and assistance with scholarship applications.

F. Academic Misconduct

In August, 2003, incoming freshmen at The University of Alabama were introduced to The Capstone Creed developed by the Student Leaders Council. The Creed reads: "***As a member of the University of Alabama community, I will pursue knowledge; act with fairness, honesty and respect; foster civic responsibility; and strive for excellence.***"

All food and nutrition majors are expected to embrace that creed during their career at the University of Alabama. The DPD adheres to the policies of academic conduct as found in the University's **Code of Student Conduct**.

(i) Code of Ethics

The DPD embraces and enforces the Code of Ethics adopted by The Academy of Nutrition and Dietetics and its Commission on Dietetic Registration as published in the January, 1999 issue of The Journal of The American Dietetic Association. A copy of the Code of Ethics is found in Appendix.

(ii) Disciplinary/termination procedures

The DPD faculty firmly believe that early and subsequent ongoing discussions of our campus wide, College, and Department expectations regarding student conduct and academic performance will result in few, if any, students subjected to disciplinary/termination procedures. Prevention begins with information. All department syllabi address academic misconduct. The Introductory Course in Dietetics and Nutrition (NHM 195) explains grade expectations for the profession of dietetics and introduces the Code of Ethics for the dietetics profession and reviews the code of conduct for University students. Each semester, advisors review student grades and offer appropriate counsel. Opportunities for remediation are offered when indicated. Students may be asked to meet with their advisor or course instructor on a regular basis until a situation is resolved. Should all of these measures fail, then the DPD adheres to the policies of withdrawal as found in the *Undergraduate Catalog*.

(iii) Grievance Procedures for Students

The University of Alabama aspires to transmit knowledge, to develop its students, and to promote the quality of society. In seeking these goals, the University recognizes the significance of student rights. These rights include freedom of expression, autonomy, procedural protection and the integrity of people

and their property. By ensuring these individual rights, the University fosters an environment conducive to student success and well-being. The Code of Student Conduct fully respects student rights.

Of course, students have obligations as well as rights. As members of an academic community, they must observe the rules that benefit their classmates and their University. Students must practice personal integrity. By doing so, they respect dignity, rights, and property of others (both students and members of the University community). The Code of Student Conduct thus creates an expectation of behavior that the University deems acceptable. By fulfilling these expectations, students can enjoy their own rights, while also respecting their classmates' rights and furthering the University's goals. The University community, as any other, has a system to deal with those instances when members fail to adhere to the expectations of the community. The Code of Student Conduct describes the actions which fail to meet expectations, the process of determining when a failure has occurred, and the punishment to be imposed for such failures.

The college, department and food and nutrition program strongly supports the rights of students and have an established plan for addressing complaints. The DPD adheres to the grievance policies as stated in the Undergraduate Catalog Code of Student Conduct, (Article V: Judicial Procedures: Complaints and Investigations). A student academic grievance is broadly defined as a student complaint regarding an academic action taken by instructional or administrative personnel at The University of Alabama. An academic grievance may be filed by a student against university personnel including instructional personnel, administrators, or staff members of the University. Examples of academic grievances include, but are not limited to, allegations of unfairness in grading, alleged violation of a written or oral agreement with a student, and alleged inconsistent applications of existing policies. Students with grievances should first follow the University-wide Academic Grievance Policy at http://sa.ua.edu/complaint_academic.cfm.

The Assistant Dean for Student Services of the College is available to explain the policy and assist students in determining if there are grounds for a grievance. Students first file a grievance in the academic department in which the alleged action took place. If the grievance is not resolved in the department it is then forwarded to the Assistant Dean for Student Services. If the grievance is not resolved in the college level, the decision may be appealed to the Office of Academic Affairs.

Any student in the DPD program wishing to file a complaint against an instructional or administrative staff shall first file a grievance with the department chair, Dr. Jeannine Lawrence. The grievance should be filed as soon as possible after the event takes place (within 7 school days). If the grievance is not resolved in the department, or if the student wishes to appeal the decision by the department, the student may file the complaint with the Assistant Dean of Student Services (Mrs. Vicki Peeples), in 101 Doster Hall.

Students may submit grievance against the program to ACEND after exhausting all University options, and student may contact ACEND at 800/877-1600, ext. 5400.

G. Safety of students during travel or while in a facility

Students enrolled in the DPD may have to travel to healthcare facilities for professional experiences in Tuscaloosa and neighboring counties. Students will be responsible for their own transportation at all times to the assigned facilities. Students should be prepared to go out of town for selected supervised practice experiences, meetings, and/or seminars.

Students assume all liability for safety in traveling to or from assigned areas. While in professional practice settings, healthcare facilities will provide emergency treatment for students for injury or illness while fulfilling the activities of healthcare facility, realizing that such emergency medical treatment will be at the expense of the injured individual.

H. Access to Student Support Program and Services for Students

It is a priority of the The University of Alabama to provide a broad range of resources, services, and support to ensure that students are successful in college and in life.

The *Undergraduate Catalog* has a heading on Support Programs and Services to Students. These services include academic, personal and support services; recreational and extracurricular activities; debit and ID card services; housing and dining facilities; parking and transportation services; and the University of Alabama Police Department. A few major components are briefly described in this section.

(i) Academic Support

Of particular interest to students in the area of academic support is **The Center for Academic Success(CAS)** which has a variety of FREE services such as study labs, tutorial assistance, and study skills courses. Review materials for entrance exams for graduate or professional schools, such as the Kaplan review course are also available at a reduced price. CAS is located in 101 Osband Hall (www.cas.ua.edu). Students who demonstrate academic need may be eligible for special assistance through Student Support Services. Criteria for eligibility are located under the Center for Academic Success tab located under the Support Program and Services heading of the *Undergraduate Catalog*.

The English Writing Center, 322 Lloyd Hall, offers free tutoring for students needing help with their writing skills or specific writing assignments. Appointments are encouraged, but walk-ins are welcome. Information and scheduling an appointment can be found by visiting www.writingcenter.ua.edu

(ii) Health Services

The University of Alabama **Student Health Center** (SHC) provides comprehensive, high-quality and easily accessible health care to students, including nutrition counseling by a licensed dietitian. Located at the corner of University Boulevard and 5th Avenue east, the SCH is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). For more information visit www.cchs.ua.edu/chc.

The **Counseling Center** which helps students achieve academic success and personal growth through quality counseling, psychological and consultative services. Located at 1000 South Lawn Office Building, it provides services to individuals, groups and couples. For general information and assistance, call (205) 348-3863 or visit www.counseling.ua.edu.

The **Women's Resource Center** empowers women on campus through programs on leadership, women's issues, peer education, volunteer opportunities and support. The center provides students with counseling and advocacy services when dealing with issues of dating violence, sexual assault, stalking, etc. The center is located in South Lawn Office Building Suite 2000 and additional information is available at www.wrc.ua.edu.

(iii) Career Center

The Career Center is located in 330 Ferguson Center. The Career Center is a vital part of each student's college education. The center offers a wide range of services to help students in choosing a major; preparing for job interviews; and searching for internships and employment. Career Fairs and other educational events are held throughout the academic year. Career counselors are assigned to every college to provide customize assistance to the students in each college. Information on the services provided by the Career Center can be found at www.career.ua.edu

(iv) Recreation

The University Recreation conducts a large variety of sports and fitness programs for the University community that strengthens the well-being, learning, and personal growth. Facilities available include two ultramodern Student Recreation Center, University Aquatic Center, Outdoor Field Complex, Outdoor Pool Complex, Tennis Courts, a climbing wall, and University Outdoors. Information on facilities and programs may be found at <http://urec.sa.ua.edu>

(v) University of Alabama Police Department (UAPD)

UAPD is responsible for ensuring the safety of the University community. Information on UAPD services and personal safety information can be found in the Safer Living Guide. The UA Annual Campus Security Report is available online at www.safety.ua.edu.

Of the over 90 services provided, they can be divided into 5 main categories. The categories and a sample of services for each category are listed in the table below. For further information on the many other support services, consult the catalog at <http://courseleaf.ua.edu/>.

Sample Student Support Services

Student Services	Academics	Enrollment and Financial Information	Student Life	News & Events
<ul style="list-style-type: none"> • myBama • Action Card • Bama Cash • Bama Dining • Blackboard Learn • Career Center • Counseling Center • Crimson Ride • Disability Services • FATE — Future Alumni for Tradition and Excellence • Ferguson Student Center • Information Technology • Motorist Assistance Program • Parking Services • Residential Internet Access • Student Alumni Association • Student Employment • Student Health Center • Student Health Insurance • Supply Store • UA Mobile Application • UAct • Ulifeline • University Police • Vending Services • Veterans Education and Transition Support (VETS) • Women's Resource Center 	<ul style="list-style-type: none"> • Colleges and Schools • Undergraduate Majors • Academic Catalogs • Graduate Programs • Law Programs • Academic Calendar • Center for Academic Success • Graduate Student Services • Higher Education Act Compliance • Student Support Services • UA System Telecampus • University Libraries • WEAVEonline • Writing Center 	<ul style="list-style-type: none"> • Academic Records and University Registrar • Cost of Attendance • Distance Education • Financial Aid • Receivables & Collections • Registration • Residency • Scholarships 	<ul style="list-style-type: none"> • Student Affairs • AlcoholEdu for College • Blackburn Institute • Capstone International • Center for Sustainable Service and Volunteerism • Creative Campus • Crimson Choice • Crimson Tide Athletics • Crimson White • Dean of Students • Emergency Preparedness • Ferguson Center Student Union • First Year Experience • Greek Affairs • Housing & Residential Communities • International Students and Scholar Services • Life at UA • Platform Online Magazine • Safer Living Guide • Student Employment • Student Government Association • Student Handbook • Student Involvement & Leadership • Student Media • Student Organizations • Student Well-Being • University Recreation 	<ul style="list-style-type: none"> • UA News Center • Crimson Spotlight • UA Events Calendar • Connect • Subscribe • Alabama Public Radio • Commencement • Crimson Tide Athletics • Crimson White • Family Weekend • Homecoming • Research Magazine • UA Desktop Wallpaper • WVUA 7

The student support services are available to all students at the university. Some services are also made available to their dependents. Most of the services are provided at no cost to the students, however some

are provided at a cost based on the type of service rendered to the student, or to their dependents. Students are told to contact each support service directly to obtain the necessary information and to determine eligibility. A complete list of student support services can be found at <http://www.ua.edu/current.html>.

III. OVERVIEW OF THE FOOD AND NUTRITION MAJOR

The curriculum for the food and nutrition major is based on the standards set by the Accreditation Council for Education on Nutrition and Dietetics (ACEND) and is designed to prepare students for a career as a registered dietitian. There are two tracks students may choose to become registered dietitians:

1. The **Coordinated Program in Dietetics (CP)** allows students to complete all of the requirements set by the Council on Dietetic Registration (CDR) to challenge the national examination to earn the credential of registered dietitian. The University of Alabama is one of two institutions in the state offering the CP. Criteria for entering the CP are described under the Department of Human Nutrition and Hospitality Management tab, located under the Human Environmental Studies Heading of the *Undergraduate Catalog*.
2. The **Didactic Program in Dietetics (DP)** allows students to apply to a supervised practice (Dietetic Internship or Coordinated program) to complete the requirements to become a registered dietitian after graduation. After completing the supervised practice, graduates are eligible to challenge the national examination to earn the credential of registered dietitian. Entrance into a supervised practice is competitive.

Students interested in pre-medical, pre-physical therapy, and/or pre-pharmacy education may major in food and nutrition. Advisors will work with those students to help them meet the requirements for their chosen professional school.

Opportunities for students with a degree in food and nutrition who do not attain the credential of registered dietitian or continue their education in another professional area are limited. Students who want to dispense nutrition advice to the public should pursue one of the pathways to become a registered dietitian. Most states require the RD credential for a license to practice as a dietitian. It is the “gold standard” for practice throughout the United States and the world.

Students majoring in Food and Nutrition have the option of three avenues: 1) graduating with a baccalaureate degree and then entering the work force or graduate school; 2) if interested in becoming a registered dietitian (RD), applying for a dietetic internship following graduation; or 3) if interested in becoming a registered dietitian (RD), applying for the combined undergraduate academic and supervised work experience program (CP) offered in this Department. NHM 195 – “Introduction to Dietetics” will explain these three avenues and the opportunities available through each. Students will learn requirements for each possible avenue as well as time lines and fees for application.

The basic difference between a food and nutrition graduate with a baccalaureate degree and a registered dietitian is in the additional criteria required for a registered dietitian to become credentialed. Many states now require RD credentialing as part of their licensure laws. Many work environments, particularly those in the health care arena require the RD credential. If you want to dispense nutrition advice to the public, you should pursue the pathway to become a registered dietitian

A. Employment Opportunities for Food and Nutrition Majors Pursuing the RD Credential

Future nutrition professionals will help realize The Academy of Nutrition and Dietetics (AND) stated vision where "Optimizing the nation's health through food and nutrition." Employment opportunities are plentiful as clinical dietitians in health care settings, food service managers, and public health nutritionists. Newer areas of practice such as spa and fitness centers, home health care, media and marketing, consulting, sports nutrition and research are becoming increasingly available to the experienced dietitian and to registered dietitians with graduate degrees.

The 2014 edition of the Occupational Outlook Handbook, published by the U. S. Government Bureau of Labor Statistics states that "employment of dietitians is expected to grow faster than average for all occupations through the year 2022 as a result of increasing emphasis on disease prevention through improved dietary habits". A growing and aging population will boost the demand for meals and nutritional counseling in hospitals, nursing care facilities, schools, prisons, community health programs, and home health care agencies. Public interest in nutrition and increased emphasis on health education and prudent lifestyles will also spur demand, especially in management. In addition to employment growth, job openings will result from the need to replace experienced workers who leave the occupation."

The Handbook also indicates that "the number of dietitian positions in nursing care facilities and in State government is expected to decline slightly, as these establishments continue to contract out food service operations. On the other hand, employment is expected to grow rapidly in contract providers of food services, outpatient care centers, and offices of physicians and other health practitioners." Major areas of practice are clinical, community, management and consulting. Additional areas of practice can be found at www.eatright.org.

Median annual income for registered dietitians in 2012 was \$55,240 with the middle 50% earning \$55,240; the lowest 10% earning less than \$34,500 and the highest 10% earning more than \$77,590 per year. Salaries vary by years of experience, practice area, educational level, geographic region and size of the community. The annual report on Compensation and Benefits Survey of Dietetics profession is available from ACEND.

B. Employment Opportunities for Food and Nutrition Majors with a Baccalaureate Degree

Career options in the nutrition profession for those with a baccalaureate degree are centered in the business and general public health education arenas. For individuals with a strong interest and background in business and marketing, there are jobs in food service management, such as in school food service, child nutrition programs, or dietary departments of long term care facilities. Certification as a Dietary Manager is a credential valued in these types of organizations.

Working in sales positions is another possibility, such as selling for pharmaceutical companies, food brokers or suppliers or equipment manufacturers. For those interested in writing and creative efforts as well as nutrition education, positions exist with grocery chains, national food councils and boards, government agencies and within the publishing industry.

The Cooperative Extension Service affords the graduate the opportunity of working with nutrition. Others work as nutrition associates with the Women's, Infant's and Children's (WIC) program housed in Public Health Departments or in other paraprofessional capacities. All of these positions require that the individual show initiative, be enthusiastic, and have effective people skills.

C. Steps in the Education of the Registered Dietitian

I. To become a Registered Dietitian a student must complete the educational requirements set by the Accreditation Council for Education on Nutrition and Dietetics (ACEND). This is either a one or two step process.

One-step process:

Complete a Coordinated Program in dietetics (CP)—which combines the two steps below.

The coordinated program in dietetics combines the knowledge required for a DPD and the supervised practice required for an internship. The University of Alabama has one of only two CP in the State of Alabama. Students complete the supervised practice portion of the coordinated program during the junior and senior year. Upon completion of the CP graduates can take the examination to become a registered dietitian. See step three.

Two-step process:

1. Obtain a Baccalaureate Degree in Food & Nutrition/Dietetics from an Accredited Institution

An individual interested in becoming a registered dietitian must first complete a baccalaureate degree from one of over 300 undergraduate programs in dietetics in the United States and Puerto Rico accredited by the Accreditation Council for Education on Nutrition and Dietetics (ACEND). A list of all accredited undergraduate programs and the required Core Knowledge for the RD can be found at www.eatright.org/acend. A copy of the Core Knowledge for the RD is included in the Appendix.

The Didactic Program in Dietetics at The University of Alabama meets these standards. Persons wishing to become registered dietitians who have baccalaureate degrees in other disciplines will be addressed in a later section.

2. Complete 1200 Hours of Supervised Practice through a Dietetic Internship

Satisfactory completion of these core knowledge requirements is only the first step in credentialing as a registered dietitian. In addition, 1200 hours of supervised practice are required. Dietetic Internships begin after graduation, and last from 6-24 months, depending on full or part-time status and whether a graduate degree is earned simultaneously. A list of all ACEND accredited dietetic internships is available at www.eatright.org/acend

THEN

II. Pass the National Registration Exam

After successful completion of either supervised practice route, students then must successfully pass a national registration examination for dietitians which will be discussed in a later section.

After Becoming a Registered Dietitian

III. Obtain Licensure

Currently, 46 states have enacted licensure laws regulating the practice of dietetics. Most states with licensure laws will allow students who have obtained their registration eligibility to apply for a temporary license for up to one year. The licensure law in Alabama allows for a temporary license. More about licensure requirements for Alabama will be discussed in a later section.

IV. Maintain the Registration Credential through Continuing Education

Currently, registered dietitians are required to maintain 75 clock hours of continuing education every five years.

D. Application to Supervised Practice programs

Students, whether planning to apply to the Coordinated Program in Dietetics (CP) or a Dietetic Internship (DI) will take the same courses in the freshman and sophomore years. The students who elect to follow the Didactic Program in Dietetics (DPD) prior to applying for a Dietetic Internship (DI) will follow a somewhat different academic plan their junior and senior years.

Academic performance - maintaining the highest grade point possible - is critical to be competitive in either type of supervised practice program. Related work/volunteer experience gives the student a definite advantage when applying for these programs. Class attendance and timeliness, as well as participation and attitude, play major roles in faculty perceptions of student interest. It is these faculty members who participate in the selection of the students for the Coordinated Program in Dietetics and who submit letters of recommendation as students apply for Dietetic Internships. Students need to take their responsibilities for providing positive impressions seriously, as these impressions linger and may directly impact their later professional career and opportunities.

In summary, if an undergraduate student elects to complete the supervised practice requirement while completing a four-year degree, he/she will apply to the Coordinated Program in Dietetics. If the student chooses to obtain the supervised practice requirement after graduation, he/she will apply to a Dietetic Internship. A current listing of all accredited and approved Supervised Practice Programs is available on ACEND's web site at www.eatright.org/acend.

(i) Didactic Program in Dietetics (DPD)

(a) Application Requirements

All students begin the program as Food and Nutrition majors. Students typically declare an "Intent to pursue the DPD to earn a verification statement" at the end of the second year. A copy of the requirements to declare an intent are listed in the Appendix.

(b) Verification Statements

Verification statements are required for all applications to Dietetic Internships. It is the policy of the DPD to issue the appropriate type of verification statement to any DPD student who has successfully graduated (or intends to graduate) and who meets the requirements to earn a verification statement.

The requirements for a verification statement from The University of Alabama are:

- a.** Earned Bachelor's degree
- b.** Overall grade point average of 3.0 or higher
- c.** A grade of "C-" or higher in all DPD Science courses (CH 104, 105; BSC 215, 216, 242; and PY 101)
- d.** A grade of "B-" or better in all DPD Professional courses (NHM designated), and BER 345 or equivalent.
- e.** No more than two attempts to retake a course

Five original copies of the verification statement will be given to the student and the original will be retained in the student's official folder in the department files.

If a student receives a verification statement, and either does not apply for or is not selected for a dietetic internship, he/she will be advised that applying to future internships at a later date may require some remediation of course work. All DPD students will be advised to apply for internships as early as possible, either the final semester of their senior year or as soon as appropriate after graduation. Graduates of this

DPD requesting first time verification statements who have been out of school more than five years may expect to remediate some coursework.

(c) Verification Statements for Persons Who Are Not Graduates of the DPD, University of Alabama

It is the policy of the DPD to provide the appropriate type of verification statement to people with bachelors degrees from other accredited institutions who successfully meet the DPD requirements as stated on the DPD Application Form and complete, at a minimum, the three senior capstone courses (NHM 340: Community Nutrition, NHM 465: Medical Nutrition Therapy II, and NHM 475: Management of Food-Service Systems). Regardless of the course work completed by the student at another institution, it is the policy of the DPD that a verification statement will not be provided to students who have not successfully completed the senior capstone courses at The University of Alabama. Persons with a bachelor's degree may take the equivalent of these courses at the graduate level. Each prospective DPD student must send official transcripts of all work previously completed and indicate work in progress. International students must supply validation of degree earned and transcript evaluation by an approved agency as stated on the ACEND website. The DPD at the University does not charge for transcript evaluation.

The DPD director will serve as advisor for these students during the application process for Dietetic Internships.

(d) Application to Dietetic Internships

As of August 2014, there were over 300 dietetic internships currently accredited in 45 states, the District of Columbia and Puerto Rico. There are also distance options for Dietetic Internships. Internships vary in length from 6-24 months depending on part-time or full-time schedules and graduate credit requirements. Some offer a stipend, whereas others require that the students pay tuition.

Applications are made twice a year. For the majority of internships that start in early fall, the application deadline is in February with appointments announced in April. About 25% of internships begin in January with an application date in September and appointments announced in November. A list of participating dietetic internships, and future application dates are listed on www.dnndigital.com.

Internships with graduate degree options will require admission to graduate school; therefore, students who anticipate applying for internships should take the Graduate Record Examination (GRE) in the junior year or early in the senior year. These are highly competitive programs that usually require at least a 3.0 GPA, superior grades in the sciences, related work experience, and good recommendations. Before beginning the applications, it is highly advised that students make arrangements to visit prospective internships. There are application fees associated with the application process, ranging from \$90 to \$200. The fees vary based on the number of applications submitted, and the fees charged by each specific dietetic internship program.

The Director of the DPD, Mr. Alvin Niu, is the advisor for students wishing to apply for internships and will assist students through the process. If a student is not chosen the first round, the DPD director is available to assist in helping the student research internships that have openings and submit applications. The director is located in 424 Russell Hall (aniu@ches.ua.edu or 205-348-8235).

(ii) Coordinated Program in Dietetics (CP)

(a) General Information

The University of Alabama has maintained an ACEND accredited Coordinated Program in Dietetics (CP) since 1973. The CP offers students the opportunity to complete both the didactic and supervised practice requirements to become a registered dietitian in four years. Upon completing the program and earning the Bachelor's of Science Degree, students are eligible to challenge the examination to become registered dietitians. The CP is a concentrated program of study which includes both classroom courses and supervised practice experiences in healthcare facilities. Because of this, the junior and senior years require more time on the student's part than normally would be encountered in a traditional college program. The student needs to maintain flexibility in time scheduling, as some seminars, lectures, and other meetings of special interest may not be identified until after the beginning of a semester. In the senior block, students will attend class nine hours a week and they will be assigned to specific healthcare facilities 28 hours each week. The majority of these healthcare facilities will be located in Tuscaloosa and Birmingham.

In addition to undergraduates, this program is open to applicants who are graduate students in the Department of Human Nutrition and Hospitality Management and to students who have already earned an undergraduate degree and who are interested in becoming eligible to take the registration examination.

The CP is limited and only 26 slots are available each year. The CP has specific admission requirements and additional information on the Coordinated Program and program requirements can be obtained by contacting the Coordinated Program Director, Mrs. Lori Greene at 422 Russell Hall or lgreene@ches.ua.edu.

E. Graduation requirements

These graduation requirements pertain specifically to on campus students. Graduation requirements are stated in the *Undergraduate Catalog* under the Graduation tab located under the Academic Records and Policies heading. The minimum requirements include the core curriculum that provides a general education; the required Human Environmental Sciences Core courses as applicable (HES 310 for all graduates and HES 100 for all new freshmen); at least 120 earned semester hours; at least a 2.0 average for all college work attempted, at least a 2.0 average for all work attempted at The University, and at least a 2.0 average for all work attempted in the major; and at least 30 semester credit hours earned in residence in the College, (of which 9 out of the last 18 must qualify as in residence); and an application for a degree which includes a fee. An application for degree must be completed through the department at least one semester prior to graduation. Advisors meeting with students having fewer than 45 hours remaining will complete a graduation checklist to affirm that all requirements have been (or will be) met for expected graduated date.

Distance/online courses taught at The University of Alabama are considered as courses taken "in residence".

F. Program Academic Calendar

The academic calendar serves as the official calendar of the university and is adhered to by all programs. The academic calendar provides the student with all the important dates during an academic semester. The academic calendar is located at <http://registrar.ua.edu/academics/academic-calendars/>

IV. PROFESSIONAL REQUIREMENTS FOLLOWING SUPERVISED PRACTICE COMPLETION

A. The National Registration Examination

After successful completion of either the Coordinated Program in Dietetics at the University of Alabama or a Dietetic Internship, the program director of that supervised practice experience will provide a verification statement. That statement is required for application to the Commission on Dietetic Registration (CDR) for permission to sit for the national registration examination. This is a computer based, multiple choice test and will be administered frequently by the CDR's testing agency, ACT, inc. at specified sites in each state. The application fee is \$125. There will be a maximum of 145 questions on the three hour exam. The test content is divided into five areas: Food and Nutrition – 15%; Clinical and Community Nutrition – 40%; Education and Research – 7%; Food and Nutrition Systems – 18%; and Management – 20%. Program Directors will supply more details. The Handbook for Candidates completely describes the Registration Examination Process.

(i) RD Exam Review Courses

All program graduates are encouraged to enroll in a review course for the exam. Several options are currently available and include materials to study independently at home via the internet or using hard copy materials or in-person review sessions held at various sites around the U.S. The program hosts an exam review session each year in the spring, and is open to all students.

B. Licensure

Currently 46 states have laws that regulate dietitians or nutritionists through licensure, statutory certification or registration. The Commission on Dietetic Registration website (www.cdrnet.org) provides information on these requirements. Since 1989, dietitians in Alabama are required to be licensed. The license period is two years, with renewal due by September 30 of the expiration year. Alabama requires that the dietitian be registered and complete 30 hours of continuing education in the two-year period. Before graduates pass the RD examination, they are permitted to hold a temporary license. A temporary license will expire 1 year from date of issue and may be renewed for one additional year. All request for further information and applications for licensure to:

The Alabama Board of Examiners for Dietetics/Nutrition Practice
4200 N. Lamar, Suite 101
Montgomery, AL
Tel. 334-242-4505

C. Membership in The Academy of Nutrition and Dietetics

Students are encouraged to join The Academy of Nutrition and Dietetics (AND) as student members in their late sophomore year. After completing the supervised practice experience, membership and participation in AND activities at the local, state and national level is encouraged. Several of the department faculty are currently serving or have served as officers of the local, state, and national organizations.

The Academy of Nutrition and Dietetics Annual Dues (2014-2015)

Active Dietitian/Dietetic Technician	\$200.00
Retired Member	100.00
Student	50.00

Student members who are transferring to active membership for the first time (no processing fee)	100.00
Additional processing fee for first time applicants	25.00

(i) Academy Member Benefits

- Nationwide Nutrition Network Representation

The Academy of Nutrition and Dietetics Political Action Committee (ANDPAC) provides an avenue for involvement in the political process. ANDPAC is the only political action committee that focuses on food and nutrition as it relates to health.

- Information

- Journal of The Academy of Nutrition and Dietetics
- Scientific Summaries
- Quarterly Newsletter
- Dietetics in Practice
- Special electronic updates
- Education and Professional Development

- Annual Food and Nutrition Conference and Exposition

- AND Career Link

- Scholarships

- AND's Continuing Education Opportunities

- AND's Book and Publications Catalog
- Cost-effective and convenient Continuing Professional Education

- Networking

- Local and State affiliations
- Practice Groups
- Networking Groups
- Nine AND groups comprised of various ethnic or religious interests

- Professional liability insurance

D. Maintaining the Registration Credential

Registration Maintenance is \$40 annually due to the Commission on Dietetic Registration by August 31. Anyone who fails to pay by December 31 will lose their registration and must sit for the national examination again.

E. Professional Development Portfolio

Registered Dietitians must acquire 75 hours of approved continuing education over a five-year registration period. All Registered Dietitians will be recertified using the Professional Development Portfolio. Upperclassmen will receive information and practice using the Professional Development Portfolio in their classes. This is not to be confused with the Career Portfolio which is introduced in NHM 195 (Introduction to Dietetics and Nutrition). The Career Portfolio is intended to be used for job interviews.

V. STUDENT DIETETIC ASSOCIATION (SDA)

The SDA is an association of students majoring in Food and Nutrition and others who are interested in the field. It promotes meaningful student involvement and stimulates interest in nutrition and in the profession of dietetics. Activities include programs of interest to the members, participation in joint activities with other student organizations, observation of dietitians in professional activities, and work with various community agencies in nutrition education and service. Past activities have included support of local food banks; AIDS Outreach Programs; after school nutrition education; participation in health fairs, various National Nutrition Month Activities and many other philanthropic activities. Meetings, activities and/or social events are held at least once a month during the school year. Dues are \$10 for the year. For more information, access the SDA website at <http://www.bama.ua.edu/~sda/> or contact the faculty advisor, Mrs. Lori Greene at 422 Russell Hall or lgreene@ches.ua.edu.

Faculty Roster Fall 2014-2015

<u>Name</u>	<u>Russell Hall - Office #</u>
Mrs. Diane Bridgewater	426
Dr. Kristi Crowe-White	485
Mrs. Denise DeSalvo	422
Dr. Amy Ellis	412 A
Mrs. Lori Greene	423
Dr. Linda Knol	404
Dr. Jeannine Lawrence	401
Mrs. Shannon McMahon	412 B
Dr. Yasmin Neggers	408
Mr. Alvin Niu	424
Dr. Libo Tan	407

Department Contact Information

Dr. Jeannine Lawrence Department Chair	<u>jlawrence@ches.ua.edu</u>	(205)-348-6252
Mrs. Amy Mills Department Administrative Assistant	<u>amills@ches.ua.edu</u>	(205) 348-6157
Mrs. Lori Greene Director, Coordinated Program in Dietetics	<u>lgreene@ches.ua.edu</u>	(205) 348-4710
Mr. Alvin Niu Director, Didactic Program in Dietetics	<u>aniu@ches.ua.edu</u>	(205) 348-8235
Dr. Linda Knol Director, Graduate program in Human Nutrition	<u>lknol@ches.ua.edu</u>	(205) 348-8129

Department Address:

The Department of Human Nutrition and Hospitality Management
403 Russell Hall
P.O. Box 870311
504 University Blvd
Tuscaloosa, AL 35487

The University of Alabama
College of Human Environmental Sciences
Department of Human Nutrition and Hospitality Management

PROGRAM REQUIREMENTS - MAJOR IN FOOD AND NUTRITION – 2014 CATALOG

Name _____ Track _____ Date _____

State-Wide Articulation and UA Core
I. Written Composition (6 hrs required)

- ____ (3) EN 101 English
- ____ (3) EN 102 English

II. Humanities and Fine Arts (12 hrs required)*

- ____ (3) Fine Arts Req _____
- ____ (3) Literature _____
- ____ (3) _____
- ____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

III. Natural Sciences and Mathematics (23 hrs required)

- ____ (3) Math _____
- ____ (4) CH 104 Intro Chemistry (N)
- ____ (4) CH 105 Intro Organic Chemistry (N)
- ____ (4) **BSC 215 Human Anatomy & Physiology I
- ____ (4) **BSC 216 Human Anatomy & Physiology II
- ____ (4) BSC 242 Microbiology

IV. History, Social and Behavioral Sciences (12 hrs required)*

- ____ (3) PY 101 Intro Psychology
- ____ (3) History _____
- ____ (3) _____
- ____ (3) _____

* Must complete either two semesters of literature or two semesters of history sequence.

Computer / Foreign Language (6 Hrs "C" or 1 Yr Same Foreign Language Required)

- ____ () _____
- ____ () _____

Check prerequisites for C designated courses.

Writing Courses (6 hrs "W" required)

- ____ (3) Completed NHM 454
- ____ (3) Completed NHM 340

HES CORE (6 Hrs)

- ____ (3) HES 100 F
- ____ (3) HES 310 F, Sp, I, S, Distance

NOTE: HES 100 is for new freshmen only.

** BSC 215, 216 and 242 does not meet core requirements for natural sciences

Verify that the core designations are still in effect by checking the Schedule of Classes book the semester the course is taken.

Effective: Fall 2014

MAJOR COURSES (55 Hrs Required)

- ____ (3) NHM 101 Intro Human Nutrition F, Sp, S
- ____ (1) NHM 195 Intro Dietetics & Nutrition F
- ____ (3) NHM 201 Nutrition in the Life Cycle F, Sp (Prereq: NHM 101)
- ____ (3) NHM 253 Food Science F, Sp
- ____ (3) NHM 340 Community Nutrition (W) F, Sp (Prereq: NHM 101, NHM 201)
- ____ (3) NHM 361 Nutritional Biochemistry F (Prereq: CH 104-105)
- ____ (3) NHM 362 Nutrition at the Cellular Level Sp (Prereq: NHM 361)
- ____ (3) NHM 363 Applied Nutrition F (Prereq: NHM 201, CH 105, BSC 215-216)
- ____ (3) NHM 365 Medical Nutrition Therapy I Sp (Prereq: NHM 363)
- ____ (3) NHM 372 Intro Food Systems Management F
- ____ (3) NHM 373 Pur & Design & Risk Mgt in Foodservice Sys Sp (Prereq: NHM 372)
- ____ (3) NHM 374 Quantity Food Production & Service F, Sp (Prereq: NHM 253, 372)
- ____ (1) NHM 395 Intro Research Food & Nutrition F
- ____ (2) NHM 441 Nutrition Education Sp (Prereq: NHM 101, NHM 201; Coreq: NHM 363)
- ____ (1) NHM 442 Nutrition Care Process F (Prereq: NHM 101, NHM 201)
- ____ (3) NHM 454 Experimental & Functional Food Science (W) F, Sp (Prereq: CH 105; Coreq: BER 345)
- ____ (3) NHM 465 Medical Nutrition Therapy II F (Prereq: NHM 361,362,363,365)
- ____ (3) NHM 475 Mgt of Food Service Systems F (Prereq: NHM 372,373,374)
- ____ (3) NHM 491 Directed Professional Individual Study S (W)
- ____ (3) BER 345 Educational Statistics

Note: - All NHM courses listed above are available by distance.

- Check the catalog for complete prerequisites for all NHM courses

TRACKS (11-14 Hrs Required)

Student must apply for admission to the Coordinated Program in Dietetics Track in the second semester of the sophomore year or declare the Didactic Program in Dietetics Track. See Undergraduate Catalog for admission and retention requirements for Coordinated Program in Dietetics Track.

COORDINATED PROGRAM IN DIETETICS TRACK (17 Hrs Required)

Supervised practices in:

- ____ (2) NHM 366 Medical Nutr. Therapy I (Sp, I) ____ (2) NHM 476 FS Mgt II (F, Sp)
- ____ (3) NHM 390 Foodservice Mgt I (F, I) ____ (3) NHM 467 Longterm Care (Sp)

___ (1) NHM 464 Community Nutrition (F) ___ (3)

NHM 485 Dietetic Mgt & Comm (Sp) ___ (3) NHM 466

Medical Nutrition Therapy II (F)

DIDACTIC PROGRAM IN DIETETICS TRACK (Total Hrs

Must = 120)

___ (1) NHM 492 Preparing for Dietetic Internship F, Sp

___ (1-4) NHM 468 Practicum in Food and Nutrition F,

SP

___ () _____

To complete and meet all the DPD requirements and receive a Verification Statement, a student

must maintain an overall GPA of 3.0 or higher. Must make **B-** or higher in all "NHM designated" food and nutrition major courses including BER 345 (or equivalent). May only have a total of 2 retakes in one "DPD Professional Course" (NHM designated and BER 345), or 1 retake in up to two different DPD Professional Courses (excluding original attempt) to earn the required grade. Must complete the courses required for the DPD, and/or complete a bachelor's degree.

Courses *usually* offered: F= Fall Sp = Spring I = Interim
S = Summer

Petition for Admission to the Didactic Program in Dietetics (DPD) - Effective Spring 2014

Note: This policy applies to all students beginning the program in the catalog year of 2013-2014 and thereafter, and is established to meet the new requirements of USDE and ACEND.

Introduction: A student who successfully completes all the DPD requirements is eligible to receive a Verification Statement upon graduating or upon successful completion of all the required DPD courses, and will become eligible to apply for a Dietetic Internship, prior to being eligible to sit for the Registered Dietitian (RD) Examination. Academic work over 5 years old will be assessed for recency. Changes in the field of study as well as student retention of material will be considered. Students may be required to retake work that is considered out-of-date.

To enter the Didactic Program in Dietetics (DPD) a student must:

- Have completed a minimum of 60 semester hours including NHM 101, 195, 201, 253, CH 104 and 105; BSC 215, and 216.
- Earn a minimum of **C** - in the following courses: BSC 215, 216 and 242; CH 104 and 105; PY 101
- Earn a minimum of **B-** in all “*NHM* designated” courses including BER 345 or equivalent
- Have an overall GPA of 3.0 or higher.
- Submit official transcripts of all work taken at another institution to the DPD Director.
- Submit a completed “*DPD Admission Petition Form*”:
(**On-campus students**) to the DPD Director (at 424 Russell Hall, or mail to: A. Niuuh, P.O. Box 870311, Tuscaloosa, AL 25487)
(**Distance students**) to students Academic Advisor, mail to: P.O. Box 870311, Tuscaloosa, AL 35487)

To complete and meet all the DPD requirements and receive a Verification Statement, a student:

- must maintain an *overall* GPA of 3.0 or higher.
- must make a **B-** or higher in all “*NHM* designated” food and nutrition courses including BER 345 (or equivalent).
- may only have a total of 2 retakes in one “*DPD* Professional Course (*NHM* designated and BER 345), or 1 retake in up to two different *DPD* Professional Courses (excluding original attempt) to earn the required grade.
- must complete the courses required for the *DPD*, and/or complete a bachelor’s degree

Complete the following and submit to DPD Director:

Name _____

CWID:

Tel No: _____

Email: _____

Student Admission Status: On campus Distance

First Term attended (UA): _____

Degrees for which you are seeking:

B.S. M.S. *DPD* seeking only

Expected Completion date: _____

Do you already have a BS / BA degree?

No Yes **From:** _____

Academic Advisor’s Name: _____

Total hours completed:	Overall GPA:
Course	Grade
CH 104 – Intro Chemistry	
CH 105 – Intro Organic Chemistry	
BSC 215 – Human Anatomy & Physiology I	
BSC 216 – Human Anatomy and Physiology II	
NHM 101 – Intro to Human Nutrition	
NHM 195 – Intro Dietetics & Nutrition	
NHM 201 – Nutr in the Life Cycle	
NHM 253 – Food Science	

I acknowledge that I understand the process and policy on seeking admission to the *DPD* and to receive a Verification Statement from UA, and verify that the information submitted above is correct and true.

Signature: _____

Date: _____

For Didactic Program Use Only: (check boxes)

- All transcripts for transfer work received Overall GPA: > 3.0 or higher
- Overall GPA: _____ Major GPA: _____
- Completed all degree or *DPD* requirements Degreed/*DPD* awarded date: May Aug Dec **Year** _____
- Student *meets* all requirements to receive a Verification Statement (Verification Issued on: _____)
- Student *does not meet* all requirements to receive a Verification Statement

DPD Program Director (or Coordinator) Signature/Date

Academic Planning Sheet
College of Human Environmental Sciences

NAME _____ DATE _____

STUDENT NUMBER _____ MAJOR _____ PLANNED BY _____

FALL _____ SPRING _____ INTERIM _____ SUMMER _____

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FALL _____ SPRING _____ INTERIM _____ SUMMER _____

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FALL _____ SPRING _____ INTERIM _____ SUMMER _____

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FALL _____ SPRING _____ INTERIM _____ SUMMER _____

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Points to consider in planning a program of study:

1. EN 101-102 must be completed during the first two semesters in the college.
2. Courses in C&BA at 300 level and above require students to have completed 55 hours before being enrolled.

The Didactic program in Dietetics (DPD) Core Knowledge & Competencies for the RD

Domain 1: Scientific and Evidence Based practice: integration of scientific information and research into practice

Knowledge:

KRD 1.1: The curriculum must reflect the scientific basis of the dietetics profession and must include research methodology, interpretation of research literature and integration of research principles into evidence-based practice. (Note: *Examples of evidence-based guidelines and protocols include the Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites.*)

Domain 2: Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice.

Knowledge:

KRD 2.1: The curriculum must include opportunities to develop a variety of communication skills sufficient for entry into pre-professional practice. (Note: *Students must be able to demonstrate effective and professional oral and written communication and documentation.*)

KRD 2.2: The curriculum must provide principles and techniques of effective counseling methods. (Note: *Students must be able to demonstrate counseling techniques to facilitate behavior change.*)

KRD 2.3: The curriculum must include opportunities to understand governance of dietetics practice, such as the Scope of Dietetics Practice and the Code of Ethics for the Profession of Dietetics; and interdisciplinary relationships in various practice settings.

Domain 3: Clinical and Customer Services: development and delivery of information, products and services to individuals, groups and populations.

Knowledge:

KRD 3.1: The curriculum must reflect the principles of Medical Nutrition Therapy and the practice of the nutrition care process, including principles and methods of assessment, diagnosis, identification and implementation of interventions and strategies for monitoring and evaluation. (Note: *Students must be able to use the nutrition care process to make decisions, to identify nutrition-related problems and determine and evaluate nutrition interventions.*)

KRD 3.2: The curriculum must include the role of environment, food, nutrition and lifestyle choices in health promotion and disease prevention. (Note: *Students must be able to develop interventions to affect change and enhance wellness in diverse individuals and groups.*)

KRD 3.3: The curriculum must include education and behavior change theories and techniques. (Note: *Students must be able to develop an educational session or program/educational strategy for a target population.*)

Domain 4: Practice management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations.

Knowledge:

KRD 4.1: The curriculum must include management and business theories and principles required to deliver programs and services.

KRD 4.2: The curriculum must include content related to quality management of food and nutrition services.

KRD 4.3: The curriculum must include the fundamentals of public policy, including the legislative and regulatory basis of dietetics practice. (Note: *Students must be able to explain the impact of a public policy position on dietetics practice.*)

KRD 4.4: The curriculum must include content related to health care systems. (Note: *Students must be able to explain the impact of health care policy and different health care delivery systems on food and nutrition services.*)

KRD 4.5: The curriculum must include content related to coding and billing of dietetics/nutrition services to obtain reimbursement for services from public or private insurers

Domain 5: Support Knowledge: knowledge underlying the requirements specified above.

Domain 5: Support Knowledge; knowledge underlying the requirements specified above.

KRD 5.1: The food and food systems foundation of the dietetics profession must be evident in the curriculum. Course content must include the principles of food science and food systems, techniques of food preparation and application to the development, modification and evaluation of recipes, menus and food products acceptable to diverse groups.

KRD 5.2: The physical and biological science foundation of the dietetics profession must be evident in the curriculum. Course content must include organic chemistry, biochemistry, physiology, genetics, microbiology, pharmacology, statistics, nutrient metabolism and nutrition across the lifespan.

KRD 5.3: The behavioral and social science foundation of the dietetics profession must be evident in the curriculum. Course content must include concepts of human behavior and diversity, such as psychology, sociology or anthropology.

CODE OF ETHICS FOR THE PROFESSION OF DIETETICS

Principles

1. The dietetics practitioner conducts himself/herself with honesty, integrity, and fairness.
2. The dietetics practitioner practices dietetics based on scientific principles and current information.
3. The dietetics practitioner presents substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist.
4. The dietetics practitioner assumes responsibility and accountability for personal competence in practice, continually striving to increase professional knowledge and skills and to apply them in practice.
5. The dietetics practitioner recognizes and exercises professional judgment within the limits of his/her qualifications and collaborates with others, seeks counsel, or makes referrals as appropriate
6. The dietetics practitioner provides sufficient information to enable clients and others to make their own informed decisions.
7. The dietetics practitioner protects confidential information and makes full disclosure about any limitations on his/her ability to guarantee full confidentiality.
8. The dietetics practitioner provides professional services with objectivity and with respect for the unique needs and values of individuals.
9. The dietetics practitioner provides professional services in a manner that is sensitive to cultural differences and does not discriminate against others on the basis of race, ethnicity, creed, religion, disability, sex, age, sexual orientation, or national origin.
10. The dietetics practitioner does not engage in sexual harassment in connection with professional practice.
11. The dietetics practitioner provides objective evaluations of performance for employees and coworkers, candidates for employment, students, professional association memberships, awards, or scholarships. The dietetics practitioner makes all reasonable effort to avoid bias in any kind of professional evaluation of others.
12. The dietetics practitioner is alert to situations that might cause a conflict of interest or have the appearance of a conflict. The dietetics practitioner provides full disclosure when a real or potential conflict of interest arises.
13. The dietetics practitioner who wishes to inform the public and colleagues of his/her services does so by using factual information. The dietetics practitioner does not advertise in a false or misleading manner.
14. The dietetics practitioner promotes or endorses products in a manner that is neither false nor misleading.
15. The dietetics practitioner permits the use of his/her name for the purpose of certifying that dietetics services have been rendered only if he/she has provided or supervised the provision of those services.
16. The dietetics practitioner accurately presents professional qualifications and credentials.
 - a. The dietetics practitioner uses Commission on Dietetic Registration awarded credentials ("RD" or "Registered Dietitian"; "DTR" or "Dietetic Technician, Registered"; "CSP" or "Certified Specialist in

Pediatric Nutrition"; "CSR" or "Certified Specialist in Renal Nutrition"; and "FADA" or "Fellow of the American Dietetic Association") only when the credential is current and authorized by the Commission on Dietetic Registration. The dietetics practitioner provides accurate information and complies with all requirements of the Commission on Dietetic Registration program in which he/she is seeking initial or continued credentials from the Commission on Dietetic Registration.

b. The dietetics practitioner is subject to disciplinary action for aiding another person in violating any Commission on Dietetic Registration requirements or aiding another person in representing himself/herself as Commission on Dietetic Registration credentialed when he/she is not.

17. The dietetics practitioner withdraws from professional practice under the following circumstances:
 - a. The dietetics practitioner has engaged in any substance abuse that could affect his/her practice;
 - b. The dietetics practitioner has been adjudged by a court to be mentally incompetent;
 - c. The dietetics practitioner has an emotional or mental disability that affects his/her practice in a manner that could harm the client or others.

18. The dietetics practitioner complies with all applicable laws and regulations concerning the profession and is subject to disciplinary action under the following circumstances:
 - a. The dietetics practitioner has been convicted of a crime under the laws of the United States which is a felony or a misdemeanor, an essential element of which is dishonesty, and which is related to the practice of the profession.
 - b. The dietetics practitioner has been disciplined by a state, and at least one of the grounds for the discipline is the same or substantially equivalent to these principles.
 - c. The dietetics practitioner has committed an act of misfeasance or malfeasance which is directly related to the practice of the profession as determined by a court of competent jurisdiction, a licensing board, or an agency of a governmental body.

19. The dietetics practitioner supports and promotes high standards of professional practice. The dietetics practitioner accepts the obligation to protect clients, the public, and the profession by upholding the Code of Ethics for the Profession of Dietetics and by reporting alleged violations of the Code through the defined review process of The Academy of Nutrition and Dietetics and its credentialing agency, the Commission on Dietetic Registration.
The Ethics Code applies in its entirety to members of The Academy of Nutrition and Dietetics who are Registered Dietitians (RDs) or Dietetic Technicians Registered (DTRs). Except for sections solely dealing with the credential, the Code applies to all Academy of Nutrition and Dietetics members who are not RDs or DTRs. Except for aspects solely dealing with membership, the Code applies to all RDs and DTRs who are not ANA members. All of the aforementioned are referred to in the Code as "dietetic practitioners."

DIDACTIC COURSES IN THE FOOD AND NUTRITION MAJOR

The following courses are required of all majors in food and nutrition.

NHM 101 Introduction to Human Nutrition (3 cr)

Introduction to principles of the science of nutrition, with implications for and applications to food selection for individuals of all ages.

NHM 195 Introduction to Dietetics and Nutrition (1 cr)

An overview of the professions in nutrition and dietetics. Course includes guest speakers and lectures.

NHM 201 Nutrition in the Life Cycle (3 cr)

Application of principles of basic nutrition to each stage of the life cycle. Emphasis is on the relationship of nutrition to growth, development, and health.

NHM 253 Food Science (3 cr)

Relation of food composition and structure to food preparation.

NHM 340 Community Nutrition

Nutrition assessment of individuals and groups; provision of nutrition services in the community.

NHM 361 Nutritional Biochemistry

Intermediary metabolism of carbohydrates, fat, and protein with emphasis on homeostatic regulation in health and disease.

NHM 362 Nutrition at the Cellular Level

Physiological and chemical bases of nutrient needs.

NHM 363 Applied Nutrition

Principles of nutritional assessment, including interviewing and nutrition care plans. Application of principles to selected stages of the life cycle.

NHM 365 Medical Nutrition Therapy I

Study of pathophysiology and medical nutrition therapy for specific disease conditions.

NHM 372 Introduction to Food Systems Management

Course includes theories, functions, and principles of management and tools for decision making.

NHM 373 Purchasing, Design and Risk Management in Food-Service Systems

Principles, methods, and techniques used in purchasing food and equipment. Analysis of layout and design and of techniques used in evaluating work flow. Principles and techniques used in managing sanitation, safety, and security functions in food service.

NHM 374 Quantity Food Production and Service

Theory and techniques of quantity food production and service. Application of theory through hands-on experience.

NHM 441 Nutrition Education

Focuses on developing competency in learning-system design, with special emphasis on teaching nutrition in various settings.

NHM 442 Nutrition Care Process

Focuses on developing competency in nutrition counseling.

NHM 454 Experimental and Functional Food Science

Chemical and physical factors affecting food product development. Introduction to functional foods with additional value beyond basic nutrition. .

NHM 465 Medical Nutrition Therapy II

Continuation of NHM 365. Basic principles of Enteral and parenteral nutrition support, as well as advanced medical nutrition therapy for critical care.

NHM 475 Management of Food-Service Systems

Through lectures and class discussions, the theory, functions, and principles of management are applied. Emphasis is on personnel and financial management, problem solving, decision making and systems analysis.

NHM 491 Directed Professional Study (3 cr)

Individual professional study in management, clinical, or community dietetics. Requirement of 160 clock hours spent in assigned site.

Electives strongly recommended for DPD internship applicants:**NHM 468 Practicum in Nutrition and Food Service (1-4 cr)**

Planned professional experience working in nutrition and/or food services. Usually in a medical care environment.

NHM 492 Preparing for Dietetic Internships (1 cr)

An exploration course focused on dietetics internships. Topics covered include: types of dietetic internships; application requirements and process; expectations of dietetic internships; challenges associated with dietetic internships. Alternate options are also addressed.

2014-2015 Dietetic Practice Groups

Read more about the wide variety of interests and career options represented by Academy of Nutrition and Dietetics members by clicking on each of the websites below or at www.eatright.org. Membership in any of these **AND Practice Groups** is open to student members.

- Clinical Nutrition Management DPG
Managers who direct clinical nutrition programs across the continuum of care.
- Consultant Dietitians in Health Care Facilities
Practitioners typically employed under contract who provide nutrition consultation to acute and long-term-care facilities, home care companies, healthcare agencies, and the foodservice industry.
- Diabetes Care and Education (DCE) DPG
Members involved in patient education, professional education, and research for the management of diabetes mellitus.
- Dietetic Educators of Practitioners (DEP) DPG
Educators of dietetics practitioners for entry and advanced levels of dietetics practice.
- Dietetic Technicians in Practice DPG
Dietetic technicians, dietetic technician educators, and dietetic technician employers who focus on the competencies, skills, and needs of dietetic technicians.
- Dietetics in Developmental and Psychiatric Disorders DPG
Nutrition professionals whose work involves clients with physical and mental disabilities, developmental disorders, psychiatric illnesses, substance abuse problems, and eating disorders.
- Dietetics in Physical Medicine and Rehabilitation DPG
Practitioners who provide nutrition support, counseling, and education to clients undergoing rehabilitation in inpatient/outpatient centers, group homes, transitional living centers, and industry.
- Dietitians in Business and Communications (DBC) DPG
Professionals employed by, seeking employment in, or self-employed in the profit-making organizations of the food and nutrition industry.
- Dietitians in General Clinical Practice DPG
Practitioners who possess a mosaic of professional skills, provide and/or manage nutrition care in settings ranging from acute care to long-term care, and maintain working knowledge in many clinical areas.
- Dietitians in Nutrition Support (DNS) DPG
Practitioners integrating the science of enteral parenteral nutrition to provide appropriate nutrition support to individuals in inpatient and outpatient settings, including transplantation, home care, and pediatrics.

- Food & Culinary Professionals DPG
Members who promote food education and culinary skills to enhance quality of life and health of the public.
- Gerontological Nutritionists DPG
Practitioners who provide and manage nutrition programs and services to older adults in a variety of settings -- community, home, healthcare facilities, and education and research facilities.
- Hunger and Environmental Nutrition DPG
Members who promote optimal nutrition and well-being for all people, now and in the future, acknowledging the interdependence of food and water security, health agriculture, and the environment.
- HIV/AIDS Dietetic Practice Group DPG
Dietetics professionals sharing cutting-edge information on nutrition management of HIV/AIDS and providing an avenue for research, monitoring, and advocacy for nutrition intervention.
- Management in Food and Nutrition Systems DPG
Food and nutrition care managers generally employed in institutions, colleges, and universities; includes directors of departments of facilities, and administrative dietitians and technicians.
- Nutrition Education for the Public (NEP) DPG
Practitioners involved in the design, implementation, and evaluation of nutrition education programs for target populations.
- Nutrition Educators of Health Professionals (NEHP) DPG
Members involved in education and communication with physicians, nurses, dentists, and other healthcare professionals.
- Nutrition Entrepreneurs (NE) DPG
Consultants in the business of developing and delivering nutrition-related services and/or products. Membership ranges from veteran business owners to members establishing new practices.
- Nutrition in Complementary Care (NCC) DPG
Dietetics professionals interested in the study of alternative and complementary therapies.
- Oncology Nutrition DPG
Nutrition professionals involved in the care of cancer patients, cancer prevention, and research.
- Pediatric Nutrition DPG
Practitioners who provide nutrition services for the pediatric population in a wide variety of settings, including neonatal, nutrition support, and cystic fibrosis.
- Public Health/Community Nutrition DPG
Nutrition professionals who provide nutrition services to all age groups in a community setting.
- Renal Dietitians DPG
Practitioners who provide nutrition services to renal patients in dialysis facilities, clinics, hospitals, and private practice.

- Research DPG
Members who conduct research in various areas of practice and are employed in the different practice settings of dietetics.
- School Nutrition Services DPG
School foodservice directors and nutrition educators employed in child nutrition programs, and corporate dietitians working in companies supplying products or services to school foodservice operations.
- Sports, Cardiovascular and Wellness Nutritionists (SCAN) DPG
Nutrition professionals with expertise and skills in promoting the role of nutrition in physical performance, cardiovascular health, wellness, and disordered eating.
- Vegetarian Nutrition DPG
Nutrition professionals in community, clinical, education, or foodservice settings who wish to learn about plant-based diets and provide support to individuals following a vegetarian lifestyle.
- Weight Management DPG – New!
Find out more about the new Weight Management Dietetic Practice Group.
- Women's Health and Reproductive Nutrition DPG
Practitioners addressing women's nutrition care issues during preconception, pregnancy, postpartum, and lactation periods.