Masters of Science in Human Nutrition
The University of Alabama
Department of Human Nutrition and Hospitality Management

The Masters of Science in Human Environmental Sciences with an emphasis in Human Nutrition is a 30 credit-hour program designed to prepare nutrition professionals to practice dietetics at an advanced level and/or to pursue doctoral study. The program develops research skills, stimulates independent thought, and provides up-to-date knowledge in food and nutrition.

Required Courses

The required courses needed to earn a masters degree in human nutrition are listed below:

- NHM 555 Maternal and Infant Nutrition
- OR
- NHM 567 Nutrition Support for the Critically Ill
- NHM 561 Advanced Vitamins and Minerals Metabolism
- NHM 562 Metabolism of Energy Nutrients
- CHS 525 Biostatistics
- HES 509 Research Methods
- Capstone Experience (Options: Thesis, Non-Thesis Research or Comprehensive Exam)
- A minimum of 18 hours of graduate study in nutrition or NHM designated courses (9 required hours and 9 elective hours).

Electives must be approved by the student's academic advisor. Examples of 3-hour courses the student may choose include:

Nutrition Electives (a minimum of three courses or 9 credit hours in nutrition)

- NHN 530: Advanced Nutrition Counseling
- NHM 540: Advanced Nutrition Education
- NHM 557: Childhood Obesity
- NHM 625: Nutritional Epidemiology

Potential Electives Outside of the Nutrition Department (a maximum of two courses or 6 credit hours)

- HHE 520 Health Behavior
- HHE 530 Health Promotion Techniques
- HHE 589 Women and Health
- NUR 510: Basic Concepts of Teaching Diabetes Self-Management Techniques
- NUR 516: Advanced Diabetes Management
- CHS 520 Basic Epidemiology
- CSM 537 Developing the Leader Within
- CSM 547 Digital Resources
- CSM 564 Digital Tools
- CSM 575 Entrepreneurship in HES
Admission Requirements

Students with an overall grade point average (GPA) of 3.0 or higher may apply for admission. Students with an undergraduate GPA of 3.4 or below may enhance their application by taking the GRE.

How to Apply

Go to the graduate admission website at [http://graduate.ua.edu/](http://graduate.ua.edu/) to apply. Follow the directions to apply on their website. There is a $50 non-refundable application fee. If you have any questions regarding the application process, please contact the admissions office: [http://www.ua.edu/admissions.html](http://www.ua.edu/admissions.html). Other necessary documents needed for the application are your statement of purpose and 3 letters of recommendation (2 being from former professors). You will find the area to upload these documents in the supporting documents section of your online application. You must have official transcripts sent from ALL colleges you have attended. Official transcripts should be mailed to:

The University of Alabama Graduate School  
102 Rose Administration  
Box 870118  
Tuscaloosa, AL, 35487

For letters of recommendation that need to be sent through the U.S. Postal Service send to:

Attn: Dr. Linda Knol Ph.D., R.D.  
Coordinator, Human Nutrition Graduate Program  
Dept. of Human Nutrition & Hospitality Management  
404 Russell Hall  
Box 870311  
504 University Blvd.  
Tuscaloosa, AL 35487

Deadlines for Application

June 1st to begin in the fall term (August)  
November 1st to begin in the spring term (January)  
April 1st to begin in the summer term (June)

Transfer Credit

You will need to apply and be accepted to the university in order to have an official transcript evaluation. All courses applied to your degree must be completed within a six year time period. Hours used to fulfill the requirements of a previous graduate degree cannot be applied to your current degree. Thesis work, practicum hours, pass/fail courses and internship hours do not count towards the maximum 12 graduate credit hours that can be transferred into the program.

Distance Education

The masters degree is available through distance education. The degree requirements and course content are the same regardless of where it is completed—on campus or through distance education.