# **Master of Science in Human Nutrition**

# Department of Human Nutrition and Hospitality Management

The Master of Science in Human Nutrition is a **30 credit-hour program** designed to prepare nutrition professionals to practice dietetics at an advanced level and/or pursue doctoral study. You can choose between a community or clinical concentration. We also offer a general path to degree completion. All courses are offered to main campus and distance learning students.

## **Required Courses**

Clinical Concentration	Community Concentration	Generalist Track
Research Core  NHM 509: Research Methods in Nutrition  POPH 522: Biostatistics	Research Core NHM 509: Research Methods in Nutrition NHM 625: Epidemiology POPH 522: Biostatistics	Research Core NHM 509: Research Methods in Nutrition POPH 522: Biostatistics
Nutrition Core  NHM 572: Metabolism of Energy Nutrients	Nutrition Core  NHM 550: Community Nutrition I	Nutrition Core NHM 572: Metabolism of Energy Nutrients
NHM 573: Advanced Vitamin and Mineral Metabolism	NHM 551: Community Nutrition II	NHM 573: Advanced Vitamin and Mineral Metabolism
NHM 558: Nutrition in the Prevention and Treatment of Chronic Disease <i>OR</i> NHM 585: Clinical Nutrition Management	NHM 557: Childhood Obesity OR NHM 558: Nutrition in the Prevention and Treatment of Chronic Disease	NHM 555: Maternal and Infant Nutrition OR NHM 567: Nutrition Support for the Critically III OR NHM 530: Advanced Nutrition Counseling
NHM 567: Nutrition Support for the Critically III	NHM 555: Maternal and Infant Nutrition	NHM 597, 598 or 599: Capstone Experience
NHM 568: Nutrition for the Older Adult NHM 597, 598 or 599: Capstone	NHM 556: Child and Adolescent Nutrition NHM 597, 598 or 599:	
Experience Electives 2 electives	Capstone Experience  Electives  1 elective	Electives 4 electives

# **Minimum Application Requirements**

- Students with an overall grade point average (GPA) of 3.0 or higher may apply for admission.
- Your application *may* also be considered if you have a 3.0 or higher in your last 60 hours of undergraduate coursework.
- The GRE is not required.

# **Prior Coursework (Prerequisites)**

- If you received your bachelor's degree from a nutrition program accredited by ACEND and received your verification statement then you are eligible to apply to this program.
- If you received a bachelor's degree from a program that was **not** accredited by ACEND you must have completed the coursework listed on the next page.

UA Equivalent	Course	Credit Hours
CH 104	Introductory Chemistry + Lab (not offered by distance through UA)	4
CH 105	Introductory Organic Chemistry + Lab (not offered by distance through UA)	4
BSC 215	Human Anatomy & Physiology I + Lab	4
BSC 216	Human Anatomy & Physiology 2 + Lab	4
NHM 101	Introduction to Nutrition	3
NHM 201	Nutrition in the Life Cycle	3
NHM 295	Intro to Nutrition Research	1
NHM 340	Community Nutrition	3
NHM 361	Nutritional Biochemistry	3
NHM 363	Applied Nutrition	3
NHM 365	Medical Nutrition Therapy I	3
	Total	35 credit hours

### **How to Apply**

- Go to the graduate catalog for more information and the graduate admission website to apply.
- There is a \$65 (domestic) and \$80 (international) non-refundable application fee.
- You can specify a desired program concentration/track at this time.
  - o If you would like to pursue the generalist track, do not select a concentration.
- Prepare an updated resume and statement of purpose.
- Identify 3 references who will provide a letter of recommendation (at least two should come from former professors).
- Upload your transcript(s). Unofficial copies of applicants' transcripts are accepted for initial admissions review. Official transcripts should be emailed to <a href="mailto:grad.transcripts@ua.edu">grad.transcripts@ua.edu</a> or mailed to: Graduate School, The University of Alabama; Box 870118; Tuscaloosa, AL 35487-0118.
- International students residing outside of the US are not eligible to apply to graduate UA online programs. They may apply as a main campus student only. Contact the <u>Graduate School</u> with any residency related questions.

#### **Deadlines for Application**

- Spring admission = December 1
- Summer admission = April 15
- Fall admission = July 1

#### Questions may be directed to:

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