Master of Science in Human Nutrition + DPD Verification Statement  
The University of Alabama 
Department of Human Nutrition and Hospitality Management

The Master of Science in Human Nutrition is a 30 credit-hour program designed to prepare nutrition professionals to practice dietetics at an advanced level and/or pursue doctoral study. The program develops research skills, stimulates independent thought, and provides up-to-date knowledge in food and nutrition.

Our Master’s + DPD program allows you to substitute select graduate level classes for some of the required DPD undergraduate classes. In other words, you can be working towards completing your MS in Human Nutrition while you are also completing the DPD coursework.

Minimum Application Requirements
- Overall grade point average (GPA) of 3.0 or higher
- Prerequisites listed on page 2 must be completed or in progress.
- Your application may also be considered if you have a 3.0 or higher in your last 60 hours of undergraduate coursework.
- The GRE is not required.

Students may choose from the following concentrations/track. Note, courses listed in red may substitute for an undergraduate DPD course and may count toward both the DPD verification statement and Human Nutrition MS. More detailed curriculum information will be provided upon request.

<table>
<thead>
<tr>
<th>Clinical Concentration</th>
<th>Community Concentration</th>
<th>Generalist Track</th>
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</thead>
<tbody>
<tr>
<td><strong>Research Core</strong></td>
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<tr>
<td>POPH 522: Biostatistics</td>
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</tbody>
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**Nutrition Core**
- NHM 572: Metabolism of Energy Nutrients
- NHM 573: Advanced Vitamin and Mineral Metabolism
- NHM 558: Nutrition in the Prevention and Treatment of Chronic Disease
  - OR
  - NHM 585: Clinical Nutrition Management
- NHM 567: Nutrition Support for the Critically Ill
- NHM 568: Nutrition for the Older Adult

**Research Core**
- NHM 625: Epidemiology
- NHM 659: Methodology in Nutrition
- NHM 657: Childhood Obesity
  - OR
  - NHM 585: Nutrition in the Prevention and Treatment of Chronic Disease
- NHM 557: Maternal and Infant Nutrition
  - OR
  - NHM 567: Nutrition Support for the Critically Ill
  - OR
  - NHM 530: Advanced Nutrition Counseling

**Nutrition Core**
- NHM 550: Community Nutrition I
- NHM 551: Community Nutrition II
- NHM 555: Maternal and Infant Nutrition
- NHM 556: Child and Adolescent Nutrition
- NHM 597, 598 or 599: Capstone Experience

**Electives**
- 2 electives
- 1 elective
- 4 electives

**Additional Requirements**
- Undergraduate DPD courses required for Verification Statement
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DPD Nutrition Electives

The following graduate nutrition courses may also be taken as electives for the above concentrations/track and count toward both the Food and Nutrition BHS and Human Nutrition MS.

- NHM 530: Advanced Nutrition Counseling
- NHM 551: Advanced Community Nutrition II *(requires NHM 550 prereq)*
- NHM 566: Advanced Clinical Nutrition
- NHM 587: Integrated Food Systems Management

Prerequisites

<table>
<thead>
<tr>
<th>UA Equivalent</th>
<th>Course</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>CH 104</td>
<td>Introductory Chemistry + Lab <em>(not offered by distance through UA)</em></td>
<td>4</td>
</tr>
<tr>
<td>CH 105</td>
<td>Introductory Organic Chemistry + Lab <em>(not offered by distance through UA)</em></td>
<td>4</td>
</tr>
<tr>
<td>BSC 215</td>
<td>Human Anatomy &amp; Physiology I + Lab</td>
<td>4</td>
</tr>
<tr>
<td>BSC 216</td>
<td>Human Anatomy &amp; Physiology 2 + Lab</td>
<td>4</td>
</tr>
<tr>
<td>NHM 101</td>
<td>Introduction to Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>NHM 201</td>
<td>Nutrition in the Life Cycle</td>
<td>3</td>
</tr>
<tr>
<td>NHM 295</td>
<td>Intro to Research in Nutrition</td>
<td>1</td>
</tr>
<tr>
<td>NHM 340</td>
<td>Community Nutrition <em>(must take undergraduate (NHM 340) or graduate version (NHM 550) from UA)</em></td>
<td>3</td>
</tr>
<tr>
<td>NHM 361</td>
<td>Nutritional Biochemistry</td>
<td>3</td>
</tr>
<tr>
<td>NHM 363</td>
<td>Applied Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>NHM 365</td>
<td>Medical Nutrition Therapy I</td>
<td>3</td>
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<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>35 credit hours</strong></td>
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How to Apply

- Go to the [graduate catalog](#) for more information and the [graduate admission website](#) to apply.
- There is a $65 (domestic) and $80 (international) non-refundable application fee.
- You can specify a desired program concentration/track at this time.
  - If you would like to pursue the generalist track, do not select a concentration.
- Prepare an updated resume and statement of purpose.
  - Specify you are applying to the MS+ DPD program in your statement of purpose
- Identify 3 references who will provide a letter of recommendation (at least two should come from academic sources).
- Upload your transcript(s). Unofficial copies of applicants’ transcripts are accepted for initial admissions review. Official transcripts should be emailed to [grad.transcripts@ua.edu](mailto:grad.transcripts@ua.edu) or mailed to: Graduate School, The University of Alabama; Box 870118; Tuscaloosa, AL 35487-0118.
- International students residing outside of the US are not eligible to apply to graduate UA online programs. They may apply as a main campus student only. Contact the [Graduate School](#) with any residency related questions.

Deadlines for Application

- Spring admission = December 1
- Summer admission = April 15
- Fall admission = July 1

Questions may be directed to:
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Russell Hall 487
Office phone: 205-348-6973
[tmhylton@ches.ua.edu](mailto:tmhylton@ches.ua.edu)

*Updated January 2023*